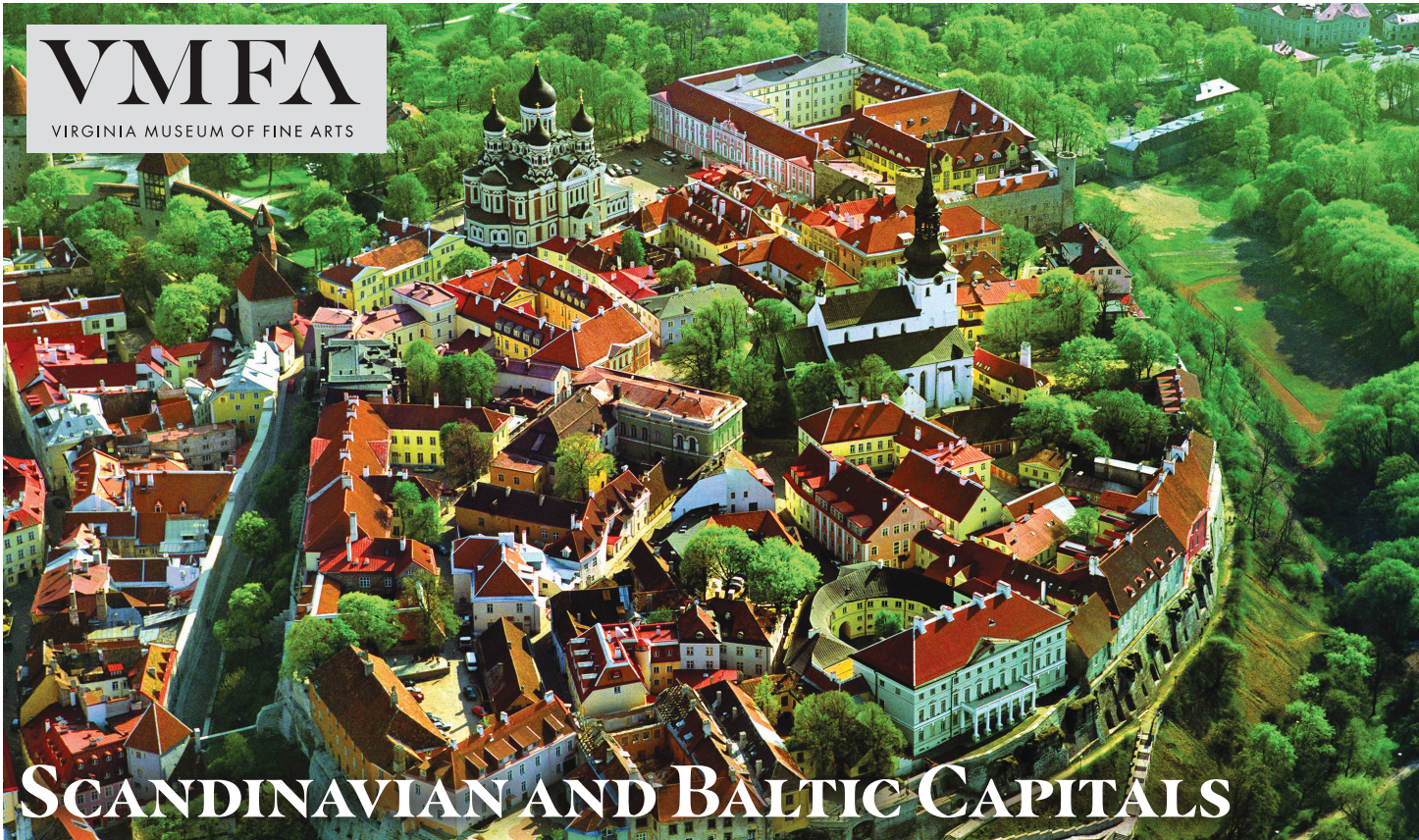




**VMFA**  
VIRGINIA MUSEUM OF FINE ARTS



**HIGHLIGHTS**

- ◆ Eleven-day, 9-night, 5-star cruise from Stockholm to Oslo to explore the capital cities of 7 Scandinavian and Baltic countries.
- ◆ Guest speaker Lech Wałęsa, former President of Poland, addresses his historic role in shaping democracy in the region.
- ◆ Visit 7 countries—Sweden, Estonia, Finland, Latvia, Denmark, and Norway.
- ◆ Enjoy a shore excursion in every port—Tallinn, Helsinki, Riga, Gdansk, Copenhagen, and Gothenburg.

**EXCLUSIVELY CHARTERED  
5-STAR, SMALL SHIP  
WORLD NAVIGATOR**



**SCANDINAVIAN AND BALTIC CAPITALS**

2024 Departure: July 31 to August 10 (Embarkation: August 1 at 3:00 pm)

**11-DAY/9-NIGHT ITINERARY** from \$6,745 plus air

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|--|--|
| <ol style="list-style-type: none"> <li>1 Depart home city</li> <li>2 Arrive in Stockholm, Sweden/Embark the WORLD NAVIGATOR (at 3:00 pm)</li> <li>3 Tallinn, Estonia</li> <li>4 Helsinki, Finland</li> <li>5 Day at Sea</li> </ol> | <ol style="list-style-type: none"> <li>6 Riga, Latvia</li> <li>7 Day at Sea</li> <li>8 Gdansk, Poland</li> <li>9 Copenhagen, Denmark</li> <li>10 Gothenburg, Sweden</li> <li>11 Oslo, Norway/Disembark ship/Return to home city</li> </ol> |
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**PRE-PROGRAM OPTION  
STOCKHOLM**

**POST-PROGRAM OPTION  
WONDERS OF NORWAY**



# SCANDINAVIAN AND BALTIC CAPITALS



## GUEST SPEAKER

### LECH WAŁĘSA

Distinguished World Leader  
and Nobel Peace Prize Laureate



Lech Wałęsa—former President of Poland (1990 to 1995), Polish hero, and international icon in the pursuit of freedom and democracy—joins us on our tour to discuss his unique role in the history of this region. From his position as a marine electrician in Gdańsk Shipyard, Wałęsa emerged as a world-renowned figure in the struggle against communism during the 1980 shipyard workers' strike and the establishment of the Polish Solidarity labor movement. He was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union's Iron Curtain, which crumbled with the Berlin Wall in 1989. That same year, Wałęsa became the first foreign non-head of government to address a joint meeting of the U.S. Congress.



Finland's capital city of Helsinki

## ITINERARY HIGHLIGHTS

- ◆ Savor the sites of Tallinn, Estonia's capital city, with a tour that includes its 11<sup>th</sup>-century Town Hall Square.
- ◆ Travel to the charming village of Porvoo, and see the medieval Cathedral of Porvoo and the Old Bridge of Porvoo.
- ◆ Experience the Finnish capital city of Helsinki on a tour that includes the Senate Square, its historic university, and Lutheran Cathedral—all displaying neo-classical architecture of the 1840's.
- ◆ Tour vibrant Gothenberg, known for its Amsterdam-style canals and leafy boulevards, as well as its welcoming atmosphere.
- ◆ Explore the storied port city of Gdansk, the cradle of the Solidarity movement, including its historic Gdansk Shipyard and Old Town. Discover Tjoloholm Manor, designed by architect Lars Israel Wahlman in the Tudor-style for merchant James Fredrik Dickson and his wife, Blanche.
- ◆ Tour vibrant Gothenberg, known for its Amsterdam-style canals and leafy boulevards, as well as its welcoming atmosphere.

## EXCLUSIVELY CHARTERED 5-STAR, SMALL SHIP WORLD NAVIGATOR

- ◆ Luxury small ship, able to dock in smaller ports inaccessible to larger ships
- ◆ 89 suites and staterooms, each with an ocean view, and most with a private balcony.
- ◆ All meals included on board the ship, as well as alcoholic and nonalcoholic beverages.

## PRE-PROGRAM OPTION STOCKHOLM

In Stockholm, visit the City Hall, site of the annual Nobel Prize banquet. Walk through the Old Town and visit the Vasa museum, housing the world's only preserved 17<sup>th</sup>-century warship. Spend 2 nights in an ideally located, luxury hotel.

## POST-PROGRAM OPTION WONDERS OF NORWAY

Enjoy the Flaamsbahn narrow gauge railway and train ride from Oslo. Take a cruise into UNESCO World Heritage-designated Naerofjord followed by one night at Stalheim Lodge with breathtaking fjordland valley views. In Bergen, visit the UNESCO World Heritage Site of Bryggen and Trolldhaugen, the historic home of composer Edvard Grieg. Spend 4 nights in stylish hotels.